## **Rekindle your passion**



It is God's desire that we experience intimacy in our marriage relationship. Intimacy is that quality of relationship in which two persons come to know one another profoundly through mutual understanding.

God himself rejoices in our sexuality. He created us as men and women, and said it was "very good"! In the light of this, how can we understand ourselves and use our sexuality to fulfill God's plan for our lives and our marriage?

True intimacy is achieved only when two persons know themselves, develop as individuals, and out of an awareness of their own identity and value, give themselves to one another in a healthy and whole relationship. This is true unity.

## In this workshop you will learn

- ingredients of true intimacy and erotic love
- a model to understand sexuality
- hinderances of sexual fulfillment
- how to express your expectations

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